

THOROUGHBREDS WRESTLING CAMP

is hosting

Wade Schalles

Summer 2009

COMMUTER CAMP

BASIC INFO:

This August, wrestlers from the surrounding area are preparing to embark on a week long adventure with the legendary Wade Schalles. Schalles, known affectionately as the greatest and most exciting pinner of all time and the mastermind behind a large percentage of the moves that he utilized during competition, will be in Mantua NJ from Monday August 10th to Friday August 14th. Thoroughbreds Wrestling Camp is proud to provide a relatively central location for wrestlers in the North East part of the country to benefit from the teachings of Wade Schalles.

GOALS/OBJECTIVES:

Wrestlers will learn cutting edge, proven techniques on the mat that can/will enhance the performance of any wrestler, regardless of his level of experience. Newer wrestlers will benefit from Wade Schalles' charismatic teaching style and deliberate diction that expedites the learning process, while more seasoned/advanced wrestlers will add a plethora of moves to their offensive arsenals in a complimentary and non-obtrusive way. Not only will Schalles showcase many of the moves that made him famous, he will also focus on the importance of strategizing as it relates to dominating in this sport.

EMPHASIS:

- Proper intensity levels with respect to drilling
- Mat Wrestling
- Pinning combinations initiated from several mat positions
- Video Review
- Functional Training to enhance conditioning and training
- Live match situations

CAMP DETAILS:

DATES	AGE GROUPS	TIMES
Monday, August 10 th thru Friday, August 14 th	Grades K – 6	8:30 AM – 1:30 PM (daily)
	Grades 7 – 12	3 PM – 8 PM (daily)

HOST FAMILIES:

** Out of state campers are eligible to stay with local host families if necessary. Please indicate on your registration form, whether or not you will need this type of accommodation. Phone numbers and contact information for your host family will be provided to you prior to your arrival.

PRICES:

ALL wrestlers must purchase a minimum of four (4) days, though it is recommended that wrestlers attend all 5 days of training as Schalles tends to teach in a progressive manner where subsequent techniques build off of prior teachings. However, if a wrestler is not able to attend at least four (4) days, he can sell his day to another interested wrestler, independently.

FEES	DISCOUNTS (Full/5 Day Attendance Required)
5 Days - \$400	*Additional Family Members*
	1 st Wrestler – full price (\$400)
4 Days -\$325	2 nd Wrestler – 20% off (\$320)
	Team Discount (at least 4 members)
	\$325 per team member

All applicants must pre-register by August 1st. Payments and registration forms must be mailed to Thoroughbreds Wrestling Camps, PO Box 1662, Bellmawr, NJ 08099 and must be received in full by August 1st. Any camper that does not mail in his payment and registration form by August 1st will have \$25 added to the total cost of his training.

Please make checks payable to Thoroughbreds Wrestling Camp.

Please note that any balance paid is NON-REFUNDABLE.

LOCATION INFORMATION:

Address – 401 Main Street, Mantua NJ 08051

There is a regional shopping center 10 minutes away (Deptford) where parents can pursue their shopping interests

WHAT TO BRING:

Drinks, snacks, a light meal (to be eaten during the break), a labeled cooler (if necessary), several changes of clothes, cross training sneakers, jump rope

CONTACT INFORMATION:

Krystal Anderson
856 870 7291
Thoroughbredswrestling@gmail.com

**THOROUGHBREDS WRESTLING CAMP
SUMMER 2009
REGISTRATION FORM**

Wrestler Name: _____ Age: _____ Weight: _____

Home Address: _____

Phone Numbers (please identify): _____

Email Address: _____

School Attending: _____ Grade: _____

Emergency Contact: _____ Phone: _____

Relationship to Wrestler: _____

Health Insurance Company: _____ Policy # _____

My son will need accommodations with a host family: Yes _____ No _____

T-Shirt Size (circle one):

YS YM YL AS AM AL XL XXL

My child is in good health and has my permission to participate in the Thoroughbreds Wrestling Camp, to be held August 10th from _____ to _____ through August 14th from _____ to _____. In case of medical emergency, I authorize Thoroughbreds Wrestling Camp personnel to seek medical emergency care for my child. I hereby assume all risks and hazards incidental to my child's participation in or travel to and from all Thoroughbreds Wrestling Camp activities, and I do hereby waive, release, and absolve the Thoroughbreds Wrestling Camp directors, instructors, assistants, counselors, volunteers, and participants from any claim arising out of injury to my child. I agree that the grant and release contained therein bonds me and my minor to all terms.

Parent/Guardian Printed Name: _____

Parent/Guardian Signature: _____

Date: _____